

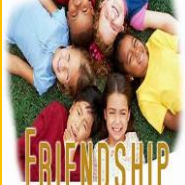


PSHE and RSE Overview and Knowledge Organiser

Year R



Autumn Term 1- Keeping/staying safe. Settling in 1Decision supporting materials... Dilemma Drops Blue has forgotten her lunch Green's PE kit Pink at the park (BR) Pink gets changed Blue at the shopping centre (BR)Blue plays tennis (BR) Rainbow loves to dance Red needs to cross the road (BR) Stories/Talking Cards Pink goes to School Pink misses Mummy Yellow Learns about Germs Red Needs the Toilet Blue Explores Road Safety	Autumn Term 2- Relationships (friendship, feelings and emotions) Anti-bullying Day 1Decision Supporting materials... Dilemma Drops Blue feels jealous, Blue feels sad, Green is lining up, Purple's best friend, Rainbow wants to play, Red is upset, Yellow's new sister Stories/Talking Cards Blue's Best Friend Pink has a new Brother Blue Learns to Share Yellow wants to play with Orange	Spring Term 1- Computer Safety. Safer Internet Day 1Decision supporting materials... Dilemma Drops Pink's Computer Game Yellow Won't Share Stories/Talking Cards Pink's Screen Time
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Keeping and Staying Safe (settling in) KO  Key Vocab school, classroom, toilets, worried, lost, safe, stranger, vehicle, dangerous, hospital crossing, helmet, germs By the end of this topic, I should know; ~ the rules and routines in my class to keep myself safe and happy in school ~ how to wash my hands properly and why we do this (to help stop the spread of germs) ~ ways in which I can keep myself safe out of school • staying with my trusted adult in busy places • finding safe places to cross the road • not talking to strangers	Relationships (friendship, feelings and emotions) KO  Key Vocab friendly, unfriendly, jealous, upset, argue, sharing, turn-taking, kind, unkind, feelings, fair By the end of this topic, I should know; ~ways in which I can be a good friend • sharing and taking turns • asking others to join in with games • smiling and being kind ~ how to take other people's feelings into account, not just my own (talk, share, listen) ~ how to begin to resolve an argument (take turns, find a different way, be fair)	Computer safety KO  Key Vocab Log in, username, password, internet, search, computer, iPad, tablet, personal information, stranger, trust By the end of this topic, I should know; ~ how to select and use age-appropriate technology for particular purposes (online phonics games to practise phonics, internet search to find information) ~ ways to stay safe online • do not give out personal information • who and how to ask for help if things seem unsafe online (parent/carer, trusted adult, teacher)
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Year R



Spring Term 2- Keeping and Staying Healthy 1Decision supporting materials... <u>Dilemma Drops</u> Green's glasses, Purple feels poorly, Red has a wobbly tooth <u>Stories/Talking Cards</u> Green gets Glasses Green's Greens Purple is Poorly Rainbow visits the Seaside Red visits the Dentist Yellow's Bedtime	Summer Term 1- Being Responsible 1Decision supporting materials... <u>Dilemma Drops</u> Pink at the park Blue at the shopping centre Blue plays tennis Red needs to cross the road Purple's handwash Pink's new classmate Pink and pocket money <u>Stories/Talking Cards</u> Yellow Learns about Germs Blue Explores Road Safety	Summer Term 2- Our World (difference and Diversity) 1Decision supporting materials... <u>Dilemma Drops</u> Red and his wellies Green's understanding <u>Stories/Talking Cards</u> Rainbow's Food Journey Red's Hearing Aid Why does Purple play Differently? Green is Moving up a Year
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Keeping and Staying Healthy KO  <u>Key Vocab</u> healthy, unhealthy, fruit, vegetables, sunscreen, Doctors, Dentists, teeth, Opticians, glasses, sleep, relax <u>By the end of this topic, I should know:</u> ~ that eating a range of fruit and vegetables helps to keep me healthy ~ what fruit and vegetables are and be able to tell you examples of each ~ that sleep is important in order to stay healthy and learn well ~ how to stay safe in the sun (wear sunhats, sunglasses, sunscreen, spend time in the shade) ~ that there are people who help us to keep healthy (Doctors, Dentists, Opticians)	Being Responsible KO (this topic echoes and consolidates many themes from staying safe and relationships)  <u>Key Vocab</u> Responsible, safe, unsafe, dangerous, worried, crossing, stranger, trusted adult, germs, earn, save <u>By the end of this topic, I should know:</u> ~ ways in which I can keep myself safe out of school ~ staying with my trusted adult in busy places ~ finding safe places to cross the road ~ not talking to strangers ~ how to wash my hands and that hand washing can help germs to stop spreading ~ how to be a good friend and help others ~ that pocket money can be earned and saved	Our World (Difference and Diversity) KO  <u>Key Vocab</u> Unique, different, disability, glasses, hearing aid, wheelchair, family, customs, change, new <u>By the end of this topic, I should know:</u> ~ how to start conversations, listen and take account of what others say ~ what makes me unique and how to talk about myself and my abilities positively ~ some of the similarities and differences, in relation to friends and family ~ about my own family customs and routines and these may differ from my friends ~ that family means a special group of people who love each other, families can be very varied and different ~ that it is ok to be different, we can still be friends ~ that change can be positive and exciting
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