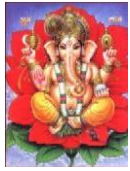


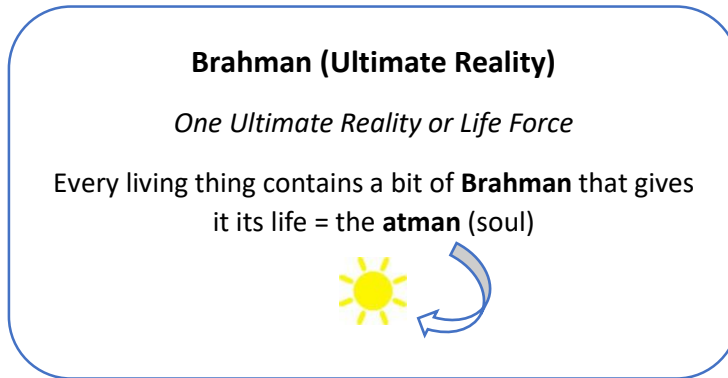
Hinduism: Core Concepts



Many different deities (gods/goddesses) that help Hindus understand Brahman, the Ultimate Reality



Many different deities (gods/goddesses) that help Hindus understand Brahman, the Ultimate Reality



Brahma

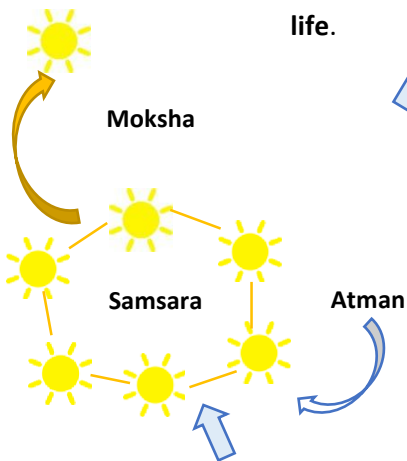
Vishnu

Shiva

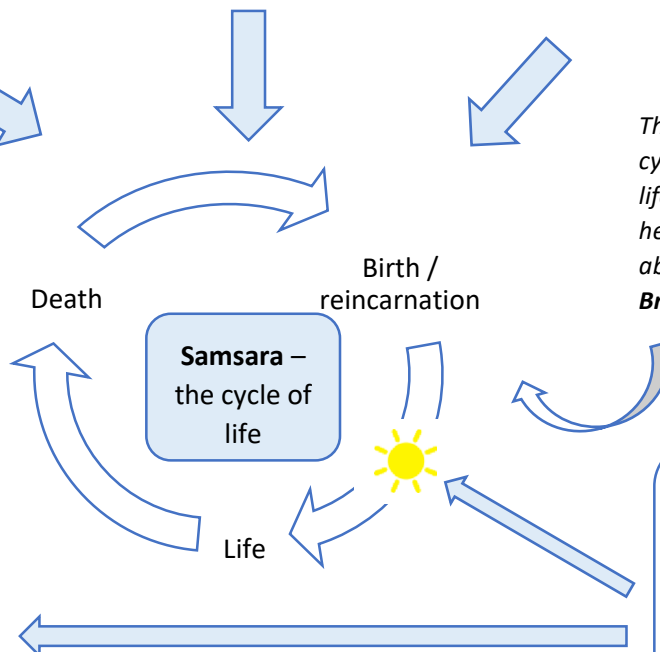


Three key deities that help Hindus understand Brahman, the Ultimate Reality: the **Trimurti**

Brahma is the **creator**. He is connected with the **beginning of life**.
Vishnu is the **preserver**. He is connected with the **living of life**.
Shiva is the **destroyer**. He is connected with the **ending of life**.



The ultimate goal of the **atman's** journey around **samsara** is **moksha** (liberation from **samsara**). It can achieve this by doing its **dharma** (duty) in each lifetime.



The **Trimurti** represent the cycle of life, **samsara** (birth, life, death, reincarnation), to help Hindus understand more about the Ultimate Life Force, **Brahman**.

Hinduism is interested in the journey of the **atman** around **samsara**.